

Leong Utek

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WORK EXPERIENCE

Research Intern,

Clinical Rehabilitation, Behavioural Research and Assessment Laboratory (CeREBRAL),
Singapore General Hospital (SGH)

Mar 2019 - Jun 2019

- Trained in the administration and scoring of the Mini-Mental State Exam (MMSE) and the Montreal Cognitive Assessment (MoCA); administered psychological assessment batteries to clinical research participants
- Presented the paper titled "Pain Perception Can Be Modulated by Mindfulness Training: A Resting-State fMRI Study" to the laboratory team; wrote a literature review of focus group discussions conducted on stroke, physical activity, chronic medical illnesses and medication adherence

National Serviceman,

Medical Classification Centre, Central Manpower Base (CMPB)

Jul 2015 - Jul 2017

- Led a team responsible for investigation and report writing of medical issues involved in complex cases relating to recalcitrant medical appointment defaulters and appeals from Members of Parliament
 - Managed complicated public enquiries; Collaborated with other branches in CMPB to facilitate timely medical grading and enlistment of recalcitrant/overseas pre-enlistees
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EDUCATION

Bachelor of Arts, Psychology,

Nanyang Technological University

Aug 2017 - May 2021 (Expected)

- In Progress, CGPA 4.47/5.00; relevant coursework: Applied Statistical Methods For Psychological Research, Psychological Testing, Educational Psychology
- Conducted independent research under Associate Professor Ryo Kitada and Dr Achille Pasqualotto; wrote a paper titled "Multisensory Relationships Between Softness & Pleasantness"

**Diploma in Hotel & Leisure Facilities Management,
Singapore Polytechnic**

Apr 2012 - Apr 2015

- Specialised in Hospitality; Competed in the SHA/STB Hospitality Summit Challenge 2014

AWARDS & ACHIEVEMENTS

DMG Excellence Award (Individual),
Ministry of Defence Singapore

Director's Honour Roll Award - Diploma in Hotel & Leisure Facilities Management Year 1,
Singapore Polytechnic

CO-CURRICULAR AND VOLUNTARY ACTIVITIES

Welfare Services Club, Regular Service Project (Mental Health),
Nanyang Technological University

Sep 2017 - Mar 2019

- Served as a Logistics Officer/Ward IC (Jul 2018 - Present), Volunteer (Sep 2017 - Jul 2018)
- Led ward activity planning as a Logistics Officer/Ward IC; Interacted with and executed planned activities for long-stay patients during weekly visits to select wards of the Institute of Mental Health (IMH)
- Managed safety and welfare of 11 ward volunteers; Certified in Standard First Aid, CPR and AED

SKILLS

- Computer: Excel, Word, Powerpoint, SPSS, R (Basic), Adobe Lightroom, Adobe Photoshop (Basic)
- Languages: English (Native), Chinese (Basic)